Objective:
The objective of this survey was to assess the degree of stress that compliance and ethics professionals are placed under.

Methodology:
Researchers surveyed compliance and ethics professionals in the databases of the Health Care Compliance Association and Society of Corporate Compliance and Ethics. They received 970 usable responses.

Key Findings:
- Most compliance professionals operate under significant amounts of stress, enough so that 58% are losing sleep and 60% have considered leaving their jobs.
- 58% of respondents feel that they are in an adversarial situation or are isolated from colleagues in other departments.
- The greatest causes of stress identified by respondents were:
  - Keeping up with new laws and regulations
  - Preventing compliance and ethics violations
  - Remediating compliance and ethics violations
- Most respondents felt that they had the closest relationship with the legal department, followed by HR, Internal Audit, and Health and Safety.
- 29% of respondents felt that they had “nowhere near enough” of a budget, while 44% felt they had “not quite enough budget”.

Conclusions:
Compliance professionals are likely enduring an unhealthy level of stress caused by a variety of sources, including inter-department relationships. They generally have an ally in the legal department, but relationships with the sales department and others need to be strengthened.

Full Report